

## ISSN: 2454-132X Impact Factor: 6.078 (Volume 7, Issue 6 - V7I6-1401) Available online at: <u>https://www.ijariit.com</u> Scientifically who are you and scientifically why all living beings are one

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## ABSTRACT

A paper which answers the question, who are you ? and Why all living beings are 1.

Keywords: Living and Non-living

Universe is a collection of objects in space and time.

Object types: Living and Non-living.

Universe is a collection of Living objects and Non-living objects.

Living object is matter that has awareness.

Non-Living object is matter that has no awareness.

Your body has three states:

1. Waking.

2. Dreamless Sleeping.

3. Dreaming.

When you are alive: You are aware of the world.

When you are dead: Your body has no awareness.

In waking state: You are aware of your body and of the world through your senses.

In Dreamless Sleep state: You are aware of nothing or no objects.

In dream state: You are aware of dreams. Which can be interpreted as impressions experienced in the real world in new forms.

So when you are alive you are aware of your body and the world.

And when you are dead you are no more and your body has no awareness.

So you are logically awareness.

Awareness is something which is aware. And when you are alive you are aware through the senses and when you are no more your body has no awareness. Hence through observing these two stages you can logically conclude you are awareness. So the final conclusion is that: You are awareness.

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All living entities share these three state when alive and two stages hence all are awareness and not the body. Living entity1 = awareness Living entity2 = awareness Living entity1 = living entity2 = awareness

And as living entities we are awareness, we are not individual being1, individual being2 etc but a substance and must not hurt ourselves or awareness through our actions as when individuality is lost hurting another is hurting yourself only as both are awareness. So we must strive towards world peace. So The message is Ahimsa. Dedicate this paper to God and World peace.

Jai Mata Di